

Counseling Referral Agencies - Lane County

Name of Agency (include address)	Contact (phone and website if applicable)	Clientele Served (Individual, family, couples, children, drug and alcohol issues, special classes, etc)	Costs/Insurance (Flat rate or sliding scale, if sliding what is the range, OHP accepted? Other insurance?)
Bethel School District Mental Health Services Eugene, OR	(541)-607-1498 N/A	(Bethel district students only)	All insurances, including OHP.
Center for Community Counseling 1465 Coburg Road Eugene, OR 97401	(541)-344-0620 www.ccceugene.org	Individual counseling for adults 18 or older.	Sliding scale from \$1-\$53 dollars, no insurance or medical cards accepted.
Center for Family Development 1258 High Street Eugene, OR 97401	(541)-342-8437 www.c-f-d.org	Openings only for families or couples.	Sliding scale \$1.00-\$52.00 depending on income and dependents.
Center for Family Therapy HEDCO Clinic 1655 Alder St. Ste. 170 Eugene, OR	(541)-346-0923 https://education.uoregon.edu/hedco-clinic	Families, couples, individuals.	Sliding fee scale \$15-100/hr. Based on Annual income.
Child & Family Center 195 W. 12 th Avenue Eugene, OR	(541)-346-4805 cfc.uoregon.edu	Family-centered counseling. No individual or couples counseling.	Sliding scale. \$0-\$50.00/hr. Depending income and family size.
Direction Service Counseling Center 576 Olive Street, Ste. 107 Eugene, OR 97401	(541)-344-7303 http://www.directionservice.org/	Adults, children, and adolescents.	Accept OHP. \$175.00/intake and \$140.00/visit.
Eugene Therapy Hult Plaza Building 401 East 10th Avenue Suite 330 (3rd Floor) Eugene, OR 97401	(541)-868-2004 info@eugenetherapy.com	We have therapists in our office that work with individuals, couples, families, and children.	We accept different insurances. Sliding scale from \$20 to \$65 based on financial need.
Lane County Mental Health Services 2411 MLK Jr. Blvd.	(541)-682-3608 N/A	Adults	Accept OHP. If meet criteria.
Looking Glass Counseling Program 20 E. 13 th Avenue Eugene, OR	(541)-484-4428 www.lookingglass.us	Children, families, adults, adolescents (up to 21 years old, drug and alcohol).	Some Masters level interns: \$10/hr if available. Sliding scale-call in. OHP or insurance.
National Suicide Prevention Lifeline N/A	1-(800)-273-8255	Children, families, adults, adolescents.	N/A, no cost.
Northwest Christian University 755 E. 11 th Avenue Eugene, OR	(541)-349-7471 www.nwcu.edu	Not necessarily have to be a Christian to gain access.	Sliding scale. Intern therapists. 1 st appt. fee, \$5.00/session.
Options 1255 Pearl Street Eugene, OR	(541)-687-6983 www.options.org	Adults, families, couples counseling.	OHP, insurance, out of pocket \$121/hr or \$194/hr for PMHNP. Sliding scale
Oregon Social Learning Center 1170 Pearl St. Eugene, OR	(541)- 541-743-4340 www.oslccp.org	Counseling & crisis services for South Lane County.	OHP, no private insurance.
PeaceHealth Counseling Services 1525 12 th St. Suite 22 Florence, OR	(541)-902-6085 www.peacehealth.org	Individuals, adults, adolescent, and couples.	All insurances including OHP.

Counseling Referral Agencies - Lane County

South Lane Mental Health P.O Box # 5 Cottage Grove, OR 97424	(541)-942-3939 www.slmh.org	Individuals, adults, adolescent, and couples.	OHP, no private insurance.
The Child Center 3995 Marcola Rd. Springfield, OR 97477	(541)-726-1465 www.thechildcenter.org	Families, children, and adolescents.	OHP, and most insurance.
Trevor Lifeline N/A	1-(866)-488-7386 www.thetrevorproject.org	Individuals, adults, adolescent, children, and couples. LGBTQ	N/A, no cost.
University of Oregon Counseling(Psychology) 1590 E. 13 th Avenue Eugene, OR	(541)-346-4954 N/A	Individual and couples. With some group options.	Sliding scale \$10.00-\$50.00.
VA Mental Health 211 E. 7 th Avenue Eugene, OR	(541)-242-0440 www.va.gov	Services for mental health & substance abuse disorders.	N/A, no cost.
Vet Center 1255 Pearl St. Eugene, OR	(541)-465-6918	Combat veterans; also offers MST services.	N/A, no cost.
Volunteers in Medicine Clinic 3321 W 11 th Avenue Eugene, OR	(541)-685-1800 www.vim-clinic.org	Individuals and families.	Individuals and families Not eligible for Oregon Health Plan (OHP), Medicare, and Medicaid.
White Bird Counseling 341 E. 12 th Avenue Eugene, OR 97401	(541)-342-8255 www.whitebird.org	Homeless “path program” openings	OHP openings, sliding scale Immediate intake with crisis counseling 24/7.
Willamette Family 687 Cheshire St. Eugene, OR 97402	(541)-343-2993 N/A	Women and children.	OHP, sliding scale for low income individuals.
4J School-Based Health Centers Eugene, OR 97402	Churchill (541)-790-5227, N. Eugene (541)-790-4445, Sheldon (541)-790-6644, S. Eugene (541)-790-8020	Residents of 4J area, including siblings under 19.	Free to 4J students

Questions to ask the agency or your counselor:

What type of services do you offer?

What is the cost for services? Do you accept insurance?

How can I arrange an intake appointment?

How long between the intake and when I will be assigned a counselor?

What are my privacy rights?

Crisis Contacts: 911: (Imminent danger to self or others) RAINN: 800-656-4673(Rape, Abuse, & Incest, National Network) Mental Health Crisis Response Program: 1-888-989-9990 (for parents of children through age 18) SASS: 541-343-7277 (Sexual Assault Support Services) Womenspace: 541.485.6513 (Domestic Violence) White Bird: (541) 687-4000; 1-800-422-7558 (24-hour local crisis line) Looking Glass Youth Crisis Line: (541) 689-3111. National Suicide Prevention Lifeline: 1-800-273-8255. Trevor Lifeline: 1-866-488-7386 (for LGBTQ youth) Veterans Crisis Line: 1-800-273-8225 |University of Oregon’s Domestic Violence Clinic. 541-346 - 8619 or email kmlynski@uoregon.edu.